



Materia Medica

Gelsemium sempervirens

Dr Yves Faingnaert





GELSEMIUM SEMPERVIRENS



Dr. med. Yves Faingnaert
yves.faingnaert@homeopathy.be

Gelsemium Sempervirens

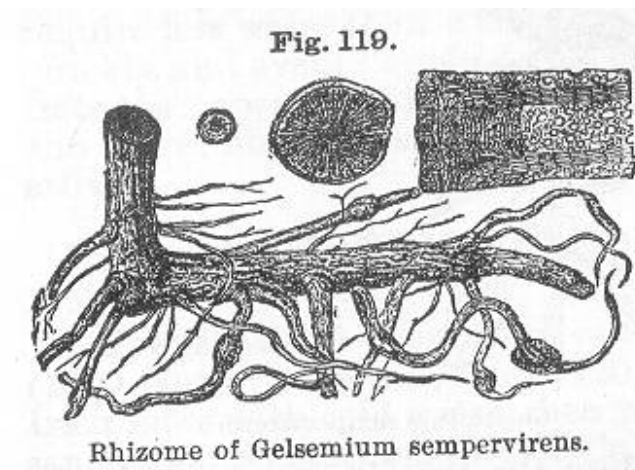


- **Anxiety**
- **Fear examinations**
- **Influenza**

Gelsemium Sempervirens



- Logoniaceae
- South-East USA
- Toxins : exhaustion
paralysis



Gelsemium Sempervirens



- **Cling = perseverance though competitive**
- **Mental and physical INHIBITION**
- **ANXIETY – anticipation**
- **Fear of losing control**

Gelsemium Sempervirens



- **STAGE FRIGHT:**
aversion public
fear examines
- **Anticipation**
- **As paralyzed – cramped**
- **Not handling situation !**

Gelsemium Sempervirens



- **UNCERTAIN**
- **No confidence**
- **Aware**
- **Fear : storm
death
heights – depts**

Gelsemium Sempervirens



- **COWARD**
- **Cling : child at hand**
- **Brave ! Active !**



extremely anxious in se

Gelsemium Sempervirens



- **Alone**
- **Apathetic**
- **Hysterical**
 anger attacks
- **Sleepless**
 after bad news



Gelsemium Sempervirens



Etiologic factors :

- **Anticipation – fear**
- **Emotional shock**
- **Traumatic shock**
- **Bad news – grief**
- **Difficult convalescence**

Gelsemium Sempervirens



WEAK :

- Tired adolescent trembling
- No concentration
- Tired legs
- Ptose eyelids
- Difficult influenza recovery



Gelsemium Sempervirens



- **Encephalitis**
- **Dull headache**
 - > urination**
- **Exhaustive migraine**

Gelsemium Sempervirens



FEAR :

- Trembling chin
- Unclear voice
- Ball in throat
- Sensation cardiac arrest
- Aphonia during menses
- Anxiety stomach



Gelsemium Sempervirens



- **Constipation**
- **Polyuria**

Gelsemium Sempervirens



- Neuralgia – PARALYSIS – paresis with trembling
- Coordination
- Poliomyelitis
- Cramps
- Sus-orbital neuralgia
- Sciatica



Gelsemium Sempervirens



LABOR :

- **No contractions**
- **Rigid cervix**

Gelsemium Sempervirens



FLU

- **Warmer t° – spring**
- **Summer flu**
- **Violent chills**

Trembling

Weak legs

Drowsiness

Sleepiness

No thirst

No transpiration



Gelsemium Sempervirens



Aggravation :

- **WARM HUMIDITY**
heat – sun
- **Barometric changes –**
storm
- **Moist spring**
cool moisture

Gelsemium Sempervirens



Amelioration :

- **Urination**
- **10 am**

Gelsemium Sempervirens



Thank you for your kind attention